



New shoots in spring.

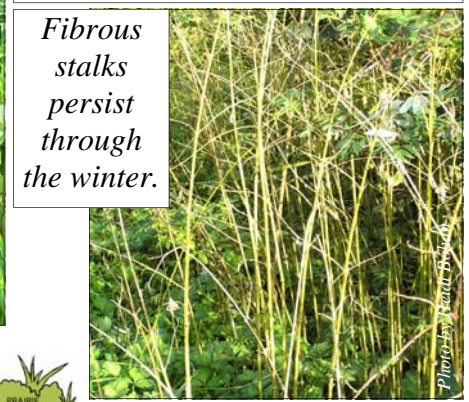
This herbaceous perennial grows 3-10' feet tall, from rhizomes, and grows singly or forms dense colonies.



Stems and leaves are armed with stingers that cause painful irritation. Flower clusters form at leaf nodes along the stem and turn into seeds.



Saw-toothed leaves are arranged opposite and are lance to heart-shaped.



Fibrous stalks persist through the winter.

PNW Native Plant
PPNC: 309

Stinging Nettle *Urtica dioica*



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- Tree
- Shrub
- Ground cover
- Forbs/ Grass
- Forest
- Prairie Meadow
- Wetland Riparian



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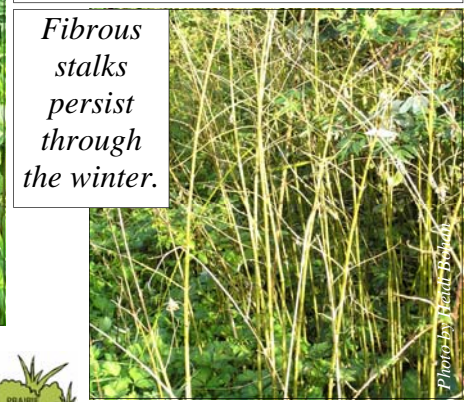
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