Native Plant of the Month

Canada Goldenrod
Solidago Canadensis

• This ancient medicinal herb is named “solidago” meaning “make whole” or “cure” in Latin.
• Goldenrod ranges throughout North America, though named for its occurrence in Canada. It is the state flower of Nebraska and Kentucky.
• The golden flower stalks are important food for butterflies, bees, and other nectar-loving insects. The seed provides winter food for wildlife.
• Goldenrod is traditionally used in teas and other preparations. It is also used to dye wool a golden-yellow.

Landscape Value

An attractive landscape perennial, several garden cultivars of Canada goldenrod are available. The golden flower spikes form in early summer and bloom through September.

Goldenrod grows in colonies from rhizomes and spreads easily by seed. Our native species can grow 3-4’ high making it a good plant for the back of the perennial border or in mass.

This sun-loving plant is a good addition to butterfly gardens and naturalized meadows. Grow in a wild garden with other native perennials such as bluebells, rosebay willow herb, yarrow, hedge nettle, pearly everlasting, penstemon, lupine, Erigeron, asters, tufted hairgrass, Roemer’s fescue, and sedges.

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