The Native Plant Press

The Newsletter of the Central Puget Sound Chapter of WNPS

Vol 18, No 9, December 2017

Chapter Meeting
Thursday, December 7 at 7:00 PM
Mountaineers Headquarters

Program:
Coast Salish Ethnobotany and Lessons for Food System Resiliency

By T. Abe Lloyd

T. Abe Lloyd, Ethnobotanist, sees food at the nexus point for our relationship with the earth. He will share the work of Salal: The Cascadian Food Institute in applying the lessons of Coast Salish ethnobotany to supply vital nourishment while supporting biodiversity, ecological integrity and soil stability.

Abe has a passion for plants and indigenous foods that traces back deep into his childhood. He completed a Bachelor's of Science in Natural Resource Management at Northland College. Since then, research projects have taken Abe to

many corners of the planet, most notably, to Nepal twice and to NW Yunnan. In 2011, Abe completed a Master's Degree in Ethnoecology at the University of Victoria under the Northwest Coast ethnobotanist, Dr. Nancy J. Turner. For his thesis research, Abe collaborated with Kwakwaka'wakw elder Kwaxsistalla (Clan Chief Adam Dick) to experimentally restore a traditional estuarine salt marsh root garden near the remote First Nation village of Kingcome Inlet on the Central Coast of British Columbia. Abe now lives in his home town of Bellingham and is an active member of the Washington Native Plant Society, the NW Mushroomers, and the Society of Ethnobiology. He is the director of Salal, the Cascadian Food Institute, an Adjunct Professor at Western Washington University, Whatcom Community College, and Royal Roads University, and actively researches, promotes, and eats the indigenous foods of this bountiful bioregion.

Program produced by Sharon Baker and Shelley Evans

Newsletter Contents

CHAPTER MEETING THURSDAY, DECEMBER 7 AT 7:00 PM MOUNTAINEERS HEADQUARTERS 1

PROGRAM: COAST SALISH ETHNOBOTANY AND LESSONS FOR FOOD SYSTEM RESILIENCY 1

Up and Coming Programs 3
Native Plant Identification Workshop 4
List of 2017/2018 Meeting Locations 5

BOARD REPORTS 6

There is no January Newsletter 6
Note from a Board Member 6
Awards: Request for Nominations 9
Holiday Party and Story Sharing 11
Thank You 13
Exploring Study Weekend 2019 – Shall we Host? 14
Volunteer for the Northwest Flower and Garden Show 15
The WNPS Native Plant Nursery 15

FIELD TRIP 16

Lord Hill Lookout, Beaver Pond 16

EASTSIDE BRANCH NEWS 18

Eastside upcoming program 18
Plant Donations 19

VOLUNTEERS 20

City of Shoreline Urban Forest Restoration 20

PLANT OF THE MONTH: *ABIES PROCERA* 23

CENTRAL PUGET SOUND CHAPTER WNPS OFFICERS & COMMITTEE CHAIRS 25

WNPS AND CPS CONTACT INFORMATION 27

Up and Coming Programs

BBG indicates Bellevue Botanical Garden.
MTR indicates Mountaineers Headquarters.

MTR December 7, 2017: Abe Lloyd presents: *Coast Salish Ethnobotany and Lessons for Food System Resiliency*. Preview Abe's discussion, at his website, www.cascadianfood.net/contact.

MTR January 4, 2018: Our annual Holiday Party.

MTR February 1, 2018: Lynda Mapes presents *Witness Tree: What the life of a single, 110-year old oak, tells us about climate change*.

BBG February 13, 2018: Stewart Hougen presents: *Learn to Identify the Common Mosses and Liverworts of Western Washington*.

MTR March 1, 2018: Mike Marsh on Kittitas County vegetation studies.

MTR April 5, 2018: Daniel Matthews presents: *Early Days of Natural History in the Northwest*.

Native Plant Identification Workshop

By Nelson Salisbury, Chapter Botanist
(Offered only at Westside Meetings)

A free plant identification workshop is offered before each Westside Chapter meeting at 6:00 PM. While the workshop is oriented primarily toward beginners, anyone who wants to work on improving keying skills or their familiarity with the

northwest flora is welcome. Feel free to bring samples of unknown plants in for identification. We will have plenty of material and tools if you come empty-handed.

List of 2017/2018 Meeting Locations

Dec 7	Mountaineers Headquarters
Jan 4	Mountaineers Headquarters
Feb 1	Mountaineers Headquarters, Goodman Auditorium
Feb 13	Bellevue Botanical Garden
Mar 1	Mountaineers Headquarters
Apr 5	Mountaineers Headquarters

Board Reports

There is no January Newsletter

We will not publsh a January NPP.

The February 2018 NPP will be published

at the end of January.

Note from a Board Member

By Cheryl Wagner, Eastside Team Chair

Eastside Branch—Beginning, Present and Future

As the Eastside team members contemplate our future plans on the Eastside, it is always worth reviewing our origin and progress.

The Beginning:
2014 was the birth of the Eastside Branch initiated by Franja Bryant and Bonnie Harpel. Their motive was to serve the Eastside better since a commute to monthly programs at the Center of Urban Horticulture was hard for those living farther east. In addition, Native Plant Steward classes were being offered in Bellevue and Sammamish and offered membership possibilities. All east siders were invited to attend

these organizational meetings. The first one was held at the Kirkland Library, others followed in various locations and eastside member homes.

Our first program was held in March, 2014. "Gardening with Native Plants" which was a panel discussion with four expert native plant gardeners at the King County Library System Service Center in Issaquah. Forty people attended, which was encouraging and demonstrated interest in a branch.

Eventually an Eastside Branch Steering Committee was formed. Original Members were: Pati An, Jan Bird, Franja Bryant, Mary Ingels, Kathe Lowe, Larry Miller, Cheryl Wagner, Karen Wallace.

Programs were offered irregularly, depending on availability of public library space and committee time. A turning point was partnering with Bellevue Botanical Gardens (BBG)—-we found a home!! We (WNPS) became partners with the Bellevue Botanical Gardens in February of 2015 with encouragement of Bonnie Harpel , Franja Bryant and June Ann Hassebroek of East Lake Washington District Garden Clubs. Clay Antieau , WNPS president, signed the agreement. This agreement allows us to use the BBG educational facility 10 times per year in exchange for quarterly work in the garden, particularly in the

Native Discovery Garden and in the Ravine Experience.

Present:
Currently, we are offering four programs a year at BBG. We work in tandem with the Westside program chairs to bring programs of interest to the membership. Our usual participation number is 50 and we seem to be attracting folks new to WNPS. A great opportunity for growth!!

We have added one program yearly at Sammamish Library. Our initial foray to Sammamish with the subject of "Gardening with Natives," presented by Marcia Rivers Smith, was a hit with 48 attendees. The librarian informed us it was their largest attendance ever for a program and has asked us to return.

Our current Eastside team members are Sid Gupta, Mary Ingels, Jan Bird, Franja Bryant, Kathe Low, Sharon Steinbis, Janka Hobbs and myself. They have made this growth possible with their support.

We continue our role as a partner in the BBG Discovery Garden with an expanded responsibility of helping with design and native plant choice in the garden to facilitate public interest in viable use of natives in an attractive way.

Future:
We would like to see an expansion of programs not only at BBG but also in outlying communities on the Eastside. In these days of traffic increase, it makes sense to bring programs to local communities rather that expect them to travel in. The field trips we have sponsored have been well attended. We hope to increase our offerings… How to do this? We need more local Eastside input and volunteer power. We would like to expand our coverage in the Eastside –report what's happening with restoration and native plants. Contact me, Cheryl Wagner, at javadog8@yahoo.com, so you and your group can be included in future editions of the Eastside Branch News. If you would like to join the Eastside Branch Team, have suggestions or questions, contact me as well.

Awards: Request for Nominations

Note: Nominations close December 13.

Every year our Chapter recognizes exceptional people who have gone beyond expectations to further the goals of Washington Native Plant Society and our Chapter in particular. So again this year we invite our members to nominate individuals for special recognition. We will be honoring the recipients at the Holiday Potluck

Party on January 4. The categories for nominations are as follows:

Professional of the Year: Professional person or organization who, through their profession or personal effort, has made a significant contribution to supporting the mission of WNPS "to promote the appreciation and conservation of Washington's native plants and their habitats through study, education, and advocacy." They may or may not be a member.

Member of the Year: A CPS Chapter member who has demonstrated passion and commitment to the mission of WNPS whether through leadership, service or assistance above and beyond expectations. Must be a member.

Steward of the Year: A person or organization whose stewardship activities to preserve and/or conserve native plants and their habitat or provided educational activities has gone above and beyond what is expected and made a significant contribution to the communities they serve. May or may not be a member and does not necessarily need to be a Native Plant Steward to be nominated.

Nominations close December 13.
If you wish to nominate a person or organization, please provide details to support your choice with

a paragraph or two describing their contribution. Include things like; what the person has done, the time they have contributed, the results of their efforts, and the benefit to the Chapter or the Society.

Please submit your nominations to Elizabeth (info@wnps.org) by December 13 so she can distribute them to the Board in time for the December 18 meeting. The CPS Board will review nominations and vote on the awards at the December Board Meeting. Receiving nominations before the deadline would be much appreciated.

Holiday Party and Story Sharing

Each year, the Central Puget Sound Chapter hosts a Holiday Party for members, friends, partners and others to get to know one another or renew old friendships. The party will be held at the Mountaineers on January 4. At 6:30 PM the doors open and at 7:00 PM the potluck begins.

It's a Potluck

Please bring a favorite potluck dish to share – choose from appetizers, main dishes, salads, bread and/or cheese, vegetable or dessert. The Mountaineers has a refrigerator, sink and microwave for last-minute food prep.

Pleas, include a card with a brief description of ingredients for those with dietary restrictions. It will be helpful if you label your dishes and serving utensils so they are returned to you.

Entertainment

The Holiday Party program is **Deepening our Appreciation of Native Plants Through Story Telling** *by Roger Fernandes*.

Roger Fernandes is a member of Lower Elwha Band of the S'Klallam Indians from the Port Angeles area of the state of Washington. His native name is Kawasa. He is a member of the Turtle Island Story Tellers Network, an online resource for tribal story tellers, historians and song carriers. Roger will share with us what he has learned from the elders about the ways that the plants around us can teach us. "The earth is our teacher."

Program submitted by Sharon Baker

Please Bring

Guests are welcome! Please bring your own plates, glasses, mugs, utensils and napkins. Beverages, including wine, ciders, coffee, tea and water will be provided by CPS, but feel free to bring your own favorite beverage.

Volunteers Needed

We still need a few more volunteers to make this party happen. Come early (6:00 pm) and help decorate or organize food contributions, or stay late and help clean up. Many hands make light work.

To volunteer, please contact Elizabeth at info@wnps.org or call 206 527-3210.

Thank You

The Plant Sale Committee extends a warm thank you to everyone who participated in the November 4 seed propagation workshop.

Exploring Study Weekend 2019 – Shall we Host?

What is the significance of the dates May 21 through May 23 back in 2010? These are the last dates the WNPS Central Puget Sound Chapter hosted Study Weekend, which was held at Camp Waskowitz, in North Bend, WA. The CPS board of directors is considering hosting this annual event again in 2019, and we are looking for chapter members who can form a committee, a special person to lead the committee to help plan this important weekend of botanizing, learning and networking.

Each year, chapters have contributed their thoughts and experiences to create a 'guide' for planning the event. The Board has access to that document and will be able to talk to others who have planned their own weekends. We think it might be our turn to host, and we know we cannot do this without new members stepping forward to make it happen. If you are interested, please contact Chrys at sitka.periwinkle@gmail.com.

Volunteer for the Northwest Flower and Garden Show

The 2018 Northwest Flower and Garden Show is February 7-11.

We will start recruiting volunteers in early January, so start planning which shifts you would like to work! Volunteers receive a complementary ticket the day of their service.

The WNPS Native Plant Nursery

By Rick Thompson

The Native Plant Nursery is located in Magnuson Park, near the WNPS office. The nursery maintains an inventory of plants that are offered for sale at one of the annual WNPS plant sales.

Volunteer: The nursery hosts a regular monthly work party on the first Monday of the month from 10:00 AM to 2:00 PM. Additional work parties are scheduled on an as-needed basis, and are announced on the chapter web page and via the nursery volunteer group email list maintained by the nursery volunteer lead, George Macomber. The Board has access to that document and can talk to others who have planned their own weekends.

Training: The nursery offers ongoing propagation training opportunities for the native plant enthusiast. The next training, a Live Stake propagation work shop (supporting the Green Seattle Partnership), will be offered in late January or early February 2018. Stay tuned for additional information in this newsletter, the chapter web site and on the GSP web site.

Donations: The nursery is happy to accept donations of your native plants, 3 to 6" propagation pots, containers, and flats. You can bring your donations to a chapter meeting or drop them off at the nursery. All donations will be put to good use.

If you are interested in information regarding donations, training opportunities, or volunteering at the nursery please contact Rick Thompson at g.garryana@gmail.com or 206-715-9540.

Field Trip

Lord Hill Lookout, Beaver Pond

Monday, January 1, 2018
Leader: Dan Paquette

Come to Lord Hill near Monroe for a 4-5 mile hike to begin the New Year. The New Year's hike has become something of an annual event. There are

always participants familiar with those life forms that take on more visibility at this time of the year such as lichens, bryophytes, and winter twigs. Let's try to do some seed pods this year, even if they're non-native.

This is an easy-to-moderate hike, with occasional muddy areas. We'll be visiting the Eastern shore of the Beaver Pond, the 630-foot viewpoint, and some hiker-only trails returning to the parking area. After the hike, participants may elect to enjoy a midafternoon meal at the Tijuana Restaurant on Main Street in downtown Monroe. **Note**: If the roads are slippery, or if there is considerable snow on the ground, the hike will be changed to the lower entrance of Lord Hill and different destinations in the park will be selected.

Where and When to Meet: Bothell Park and Ride (SR 522 and Kaysner Way) at 9:30 am.

What to Wear/Bring: Water and either snack or lunch depending on whether you will be going to the Tijuana restaurant afterwards. Regarding clothing: Listen to the weather report and dress accordingly. Bring a good pair of boots to keep your feet dry. Bring additional layers for periods when the group has stopped for botanizing.

Questions and signup: Contact Dan Paquette jdanj.paquette@gmail.com or at 425 420-7378.

Eastside Branch News

By Cheryl Wagner

Eastside upcoming program

Learn to Identify Common Mosses and Liverworts in Western Washington

By Stewart Hougen

Tuesday, February 13, 2018 7:00 PM
Aaron Education Center, Bellevue Botanical Garden, 12001 Main St, Bellevue, WA

Fall is upon us with winter not far behind. Once all the trees and shrubs are bare, mosses and liverworts can be our focus. Have you ever wondered about the different mosses and liverworts that surround you as you walk through the forest? Stewart Hougen will help us identify some of the common mosses and liverworts found nearby. Attend and revel in our wealth of mosses this time of year.

Stewart has been an amateur naturalist for about 15 years. He has been leading naturalist trips with the Mountaineer's Naturist Study Group for much of that time. He has helped teach several Mountaineer's classes & workshops on plants, lichens & mosses.

2/13/18 Workshop on moss and liverwort identification; 45 minute presentation with following 45 minute practice moss specimen identification. Bring a hand lens if you have one. LIMITED to 40 participants; sign up details below.

2/17/18 Optional Moss and liverwort field trip at Redmond Watershed, TBD. LIMITED to 30 participants.

Signup details for both 2/13/18 program and 2/17/18 field trip:

Email info@wnps.org with **Mosses Workshop** in the subject line or call the WNPS office at 206-527-3210 for program and field trip sign up. You will need to provide your email so participants can be contacted one week prior to class and field trip with details.

Plant Donations

By Shanna Hobbs

Please consider donating native plants to the WNPS—every donation, no matter how small, makes a difference! Donations of all types are accepted, including potted or unpotted plants. We have willing volunteers who will come salvage plants from your garden if you do not have time yourself. Your donation is incredibly valuable to the WNPS, and helps keep the mission to promote

the appreciation and conservation of Washington's native plants alive.
If you would like to donate, please contact Shanna Hobbs at sraehobbs@gmail.com, or at 559-731-4426. For plant donations, it is helpful to have the name and number of plants you plan to donate. If you plan to drop off plant donations at the nursery, please contact Rick Thompson at 296-715-9540.

Volunteers

City of Shoreline Urban Forest Restoration

Join the 2017 Class of WNPS Master Native Plant Stewards and volunteer this fall restoring urban forests across the City of Shoreline! Removal of invasive species is underway, and we need help this fall preparing for and installing native plants in these beautiful and ecologically profound urban parks.

We have six different projects to choose from:

Boeing Creek
December 9, from 10:00 to 2:00

- 320 NW Innis Arden Way, Shoreline, WA 98177
- Meet at the north end of the Shoreview Park Off Leash Dog Park, just off the Shoreline Community College campus

- Contact JohnGuenther714@gmail.com to RSVP or for further information

Brugger's Bog
December 10, 9:00 to 1:00

- 19553 25th Ave NE
- Meet at the end of the dirt/gravel path entrance to the park on the bridge
- Contact BruggersBogStewards@gmail.com to RSVP or for further information

Hamlin Park
December 16, 10:00 to 1:00

- 16006 15th Ave NE, Shoreline, WA 98155
- Meet at the far north end of the park, next to the NE 166th Street stairs
- Contact Hamlin.Restoration@gmail.com to RSVP or for further information

Shoreview Park
December 17, 9:00 to 12:00

- 700 NW Innis Arden Way, Shoreline, WA 98177
- Meet at the south end of the Shoreview Park Off Leash Dog Park, (at the stairs) just off the Shoreline Community College campus
- Contact ShoreviewRestoration@gmail.com to RSVP or for further information

Twin Ponds (North End)
December 16, 10:00 to 12:00

- 16501 N 155th St, Shoreline WA 98133
- Meet at the north end parking lot at N 155th St and First Ave NE
- Contact NorthTwinPondsRestoration@gmail.com to RSVP or for further information

Twin Ponds (South End)
December 16, 10:00 to 1:00

- 16501 N 155th St, Shoreline WA 98133
- Meet at the south end parking lot along First Ave NE, but north of N 149th St
- Contact TwinPondsSouthHabitat@gmail.com to RSVP or for further information

CPS/WNPS State Office in Magnuson Park

Ongoing
The WNPS office in Magnuson Park is always looking for volunteers to provide valuable, "behind-the-scenes" assistance. Tasks range from a one-shot project to a larger, more complex one. You can work solo or with a group, and every task is tailored to your interest and availability. We also try to make it fun and social. As a result new friendships have already begun.

Contact Elizabeth Gage at the WNPS office: info@wnps.org or 206-527-3210

Plant of the Month: *Abies Procera*

By Janka Hobbs

Of the four species of true fir found in Washington State, noble fir has the smallest range, occurring naturally at middle elevations from around Stevens Pass South to the Northwest corner of California. In the Southernmost part of its range, it intergrades with California red fir, *Abies magnifica*.

Noble firs can reach 90 meters in height, and have an unusually small taper to their trunks, resulting in huge volumes of wood, which has a relatively high tensile strength for its weight. During WWII, noble fir was used in the manufacture of RAF Mosquito bombers. A 1945 forest Service publication extols its virtues for ladders and Venetian blinds. More recently, it is used in construction and for wood pulp. It is also a popular Christmas tree.

Noble fir is an early successional species. It is shade intolerant and has a relatively short

lifespan – around 300 years (Compared to Douglas fir at around 700). Noble fir seeds are particularly large, containing up to a year's worth of nutrients, and the seedlings are sturdy, helping them to survive in areas of deep snowpack. The icy conditions allow the seeds to disperse by sliding around on the snow. Although its thin bark makes it susceptible to fire, *A. procera* can regenerate profusely in burned areas, often coming up in dense, pure stands.

The Yellowjacket Creek Champion noble fir near Cispus is the the world's largest *Abies.* That tree was measured at 278 feet tall in 1964. Unfortunately, and despite designation as a Botanical Area, the rest of the grove was logged in the mid-1960s, and without protection from the wind, the champion lost its top, and has been declining ever since. (Forest Giants of the Pacific Coast, Van Pelt, 2001).

Noble firs have a very symmetrical and conical growth form. Stomatal bands on both sides of the needles make the foliage appear blue. They are beautiful trees, but a happy seedling can grow two feet per year, and with a mature height of 200 feet and a spread of 30, be sure to provide plenty of space if you add one to your garden.

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WNPS and CPS Contact Information

The WNPS Office Welcomes visitors:

Monday – Thursday – 9:00am to 4:30 pm daily

Friday – 9:00 am to 1:00 pm, appointment only.
Please call ahead to confirm availability, especially if traveling a distance.

Office Contacts

Denise Mahnke, WNPS Business Manager, wnps@wnps.org

Elizabeth Gage, WNPS Office & Volunteer Coordinator, info@wnps.org Phone: (206)527-3210

Full WNPS Staff Information is available online: http://www.wnps.org/contact_wnps.htm.

Membership, Dues and Questions

Have you renewed? Please renew to make sure your membership stays active and so that your membership is counted in the yearly computation of Chapter rebates.

Membership Rates as of November 1, 2017

Individual Membership: $40
Family Membership: $55
Club or Organization Membership: $75
Budget Membership: $20
Student: $20 (name of institution_____)

This is the address members should use for correspondence regarding membership, dues payments, etc.:

Washington Native Plant Society

6310 NE 74th ST, Suite 215E
Seattle, WA 98115
206-527-3210
info@wnps.org

Email Lists

The State WNPS List is a state-wide list for announcements, news and discussion relevant to native plants and the WNPS.
To join, go to: https://groups.yahoo.com/neo/groups/WNPS_DiscussionGroup/info and hit the "Join" button, or send an email to wnps_discussiongroup-subscribe@yahoogroups.com. It only takes a couple of minutes!

The new group will be "restricted" in that admission to the group must be granted, but messages will be unmoderated. Once you are a member, you will be able to set your personal preferences for receiving messages (e.g., individual messages as they are posted or a daily digest). You will also be able to unsubscribe yourself if and when you desire.

Social Media Resources

Web page: Central Puget Sound Chapter
http://www.wnps.org/cps/index3.html

CPS Facebook page: Washington Native Plant Society, Central Puget Sound Chapter
https://www.facebook.com/wnps.centralpugetsound/.
For submissions to Facebook page, contact:
Ted Couillard at jtheo25@gmail.com and cc to Jan Bird at birdandcat@aol.com.

Meetup page: Washington Native Plant Society, Central Puget Sound Chapter
https://www.meetup.com/Washington-Native-Plant-Society/

Electronic Newsletter Option

Many of you have chosen to receive your Native Plant Press electronically, and we thank you! This will save printing and postage expenses that can better go to our Chapter programs and activities. If you did not receive an e-mail about this option and would like to get the electronic version of the newsletter, please send your request to the CPS Staff Person at info@wnps.org.

Newsletter Submission

There will be no January newsletter. The deadline for the February 2018 newsletter is Thursday, January 4, exactly one month before the February meeting.

Email: rickbergman@comcast.net
Phone 206-372-9816

Digital photos must be high-resolution or will NOT be accepted.