Native Plants for Humic Soils

**Adiantum aleuticum**  
*Maidenhair Fern, Aleutian maidenhair, western maidenhair, serpentine maidenhair*  
Small to medium-sized delicate, deciduous fern with a fan-shaped arrangement of five to seven fingerlike branchlets each bearing many toothed leaflets.  
Prefers humus rich soils and well-drained, moist sites. Tolerant of serpentine soils.  
Height: 6-43 inches (15-110 cm).

**Athyrium filix-femina**  
*Lady Fern*  
Tall, delicate, light-green fronds from a basal cluster.  
Height: Grows 3-6 feet (2 meters) tall.

**Blechnum spicant**  
*Deer Fern*  
Dark green fern leaves grow in tufts from short, stout rhizomes.  
Height: Up to 40 inches (1 meter) tall.

**Maianthemum stellatum**  
*Starflowered False Solomon’s Seal*

**Tolmiea menziesii**  
*Piggy-back Plant*  
A woodland herb whose leaves give rise to small plantlets.

**Trientalis latifolia**  
*Broad-leaved Starflower*  
A small delicate herb with a single whorl of leaves topped by several small, pink, star-shaped flowers.

**Vaccinium parvifolium**  
*Red Huckleberry*  
Delicately branched shrub with small red huckleberries, suitable for shady areas on decaying wood.  
Needs well decayed wood or bark; usually grows on old stumps and logs.  
Height: 4-10 feet (1.5-3 meters).